



Raid Alcacer Do Sal

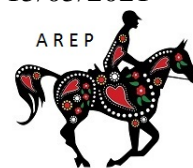
CEI** / 120 Km.

Ana Barbas

Dormanne De La Gesse

Lic: 10013970 / Ldn: 107BB51

15/05/2021



Nº participantes: 4 Clasificados: 4 (100%) No clasificados: 0 (0%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	30,000	30,000	20,000		
Departure	07:00:00	10:05:27	12:36:47	15:18:15		
Arrival Time	09:23:36	11:53:43	14:23:13	16:30:00		
Time	02:23:36	01:48:16	01:46:26	01:11:45		
Speed in Arri.	16,713	16,625	16,911	16,724		
Accumu. Time	02:23:36	04:11:52	05:58:18	07:10:03		
Accumu. Speed	16,713	16,675	16,745	16,742		
Arrival Vet-in.	09:25:27	11:56:47	14:28:15	16:41:05		
Vet-in Time	02:25:27	01:51:20	01:51:28	01:11:45		
Vet-in Speed	16,5	16,167	16,148	16,724		
Accumu. Time Vet	02:25:27	04:16:47	06:08:15	07:20:00		
Accumu Speed	16,5	16,356	16,293	16,363		
Recovery	00:01:51	00:03:04	00:05:02	00:11:05		
Accu. Recovery	00:01:51	00:04:55	00:09:57			
Heart Rate						
Into a hold	00:40:00	00:40:00	00:50:00			
Color:	Red	Blue	Blue	Yellow		
Close:				17:44:17		
Rank:	4	3	3	3		

Form CEI** / 120 Km. / 15/05/2021 / 1

Name: A. DA DORMANNE DE LA GESSE / R R R R

Phase	Time	Speed	Heart Rate	Temp	Respiratory	Other	Remarks
1	02:23:36	16,713	16,713	16,713	16,713	16,713	16,713
2	01:48:16	16,625	16,625	16,625	16,625	16,625	16,625
3	01:46:26	16,911	16,911	16,911	16,911	16,911	16,911
4	01:11:45	16,724	16,724	16,724	16,724	16,724	16,724
5							

Signature: [Signature] / Date: 15/05/2021

