



Raid Internacional Barroca D'alva 01/07/2023

CEI*** 160 / 160 Km.

Maria Alvarez Ponton

Jm Espejo

Lic: 10017916 / Ldn: 106FR52



Nº participantes: 17 Clasificados: 11 (64%) No clasificados: 6 (35%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	30,000	30,000	20,000	20,000	20,000
Departure	05:30:00	08:18:21	10:37:26	13:01:21	14:47:32	16:53:27
Arrival Time	07:36:36	09:55:12	12:18:53	14:04:20	16:00:20	17:42:17
Time	02:06:36	01:36:51	01:41:27	01:02:59	01:12:48	00:48:50
Speed in Arri.	18,957	18,585	17,742	19,052	16,483	24,573
Accumu. Time	02:06:36	03:43:27	05:24:54	06:27:53	07:40:41	08:29:31
Accumu. Speed	18,957	18,796	18,467	18,562	18,233	18,841
Arrival Vet-in.	07:38:21	09:57:26	12:21:21	14:07:32	16:03:27	17:59:32
Vet-in Time	02:08:21	01:39:05	01:43:55	01:06:11	01:15:55	00:48:50
Vet-in Speed	18,698	18,166	17,321	18,131	15,806	24,573
Accumu. Time Vet	02:08:21	03:47:26	05:31:21	06:37:32	07:53:27	08:42:17
Accumu Speed	18,698	18,466	18,107	18,111	17,742	18,38
Recovery	00:01:45	00:02:14	00:02:28	00:03:12	00:03:07	00:17:15
Accu. Recovery	00:01:45	00:03:59	00:06:27	00:09:39	00:12:46	
Heart Rate	60	62	60	60	56	59
Into a hold	00:40:00	00:40:00	00:40:00	00:40:00	00:50:00	
Color:	Yellow	Red	Red	Green	Pink	Green
Close:						20:25:43
Rank:	2	2	4	1	2	3



Raid Internacional Barroca D'alva (CEI*** 160)										Date:	01/07/2023	Number:	4	
10017916 Maria Alvarez Ponton / 106FR52 Jm Espejo										Weight:	75 Kg.			
Parameters	Pulse 1	Pulse 2	Skm t	Mucosa	Capilar	Gut s.	Girth	Gait	Impuls	Remark	Signature			
Pre-ride inspection	40	40	1	A	M	A	A	A	A		RC			
1	60	60	1	A	K	A	A	A	A		RC			
2	62	56	1	A	1	B	A	A	A		RC			
3	60	60	1	A	2	A	A	A	A		RC			
4	60	60	1	D	1	B	P	A	D		RC			
5	58	60	2	A	2	A	A	A	A		RC			
Final inspection	59	60	1	A	1	A	A	A	A		RC			
No Classification codes	WD	DSQ	RET	FSR	PTO	GA	ME	MI	CI	OT	FTC	TR	SI-M	SI-O
Num Gate														

