



**GOLEGÃ**  
CEI1\* 100 / 100 Km.  
**Carlota Micharet Botello**  
**Cumba De Bozouls**  
Lic: 10240426 / Ldn: 106GU23

05/11/2022



**Nº participantes: 9    Clasificados: 7 (77%)    No clasificados: 2 (22%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	20,000	20,000	20,000		
Departure	<b>09:00:00</b>	<b>12:33:03</b>	<b>14:31:08</b>	<b>16:31:20</b>		
Arrival Time	<b>11:51:09</b>	<b>13:48:27</b>	<b>15:46:02</b>	<b>17:42:32</b>		
Time	02:51:09	01:15:24	01:14:54	01:11:12		
Speed in Arri.	14,022	15,915	16,021	16,853		
Accumu. Time	02:51:09	04:06:33	05:21:27	06:32:39		
Accumu. Speed	14,022	14,601	14,932	15,28		
Arrival Vet-in.	<b>11:53:03</b>	<b>13:51:08</b>	<b>15:51:20</b>	<b>17:52:55</b>		
Vet-in Time	02:53:03	01:18:05	01:20:12	01:11:12		
Vet-in Speed	13,868	15,368	14,962	16,853		
Accumu. Time Vet	02:53:03	04:11:08	05:31:20	<b>06:42:32</b>		
Accumu Speed	13,868	14,335	14,486	<b>14,905</b>		
Recovery	00:01:54	00:02:41	00:05:18	00:10:23		
Accu. Recovery	00:01:54	00:04:35	00:09:53			
Heart Rate	<b>60</b>	<b>60</b>	<b>60</b>	<b>56</b>		
Into a hold	00:40:00	00:40:00	00:40:00			
Color:	Red	Red	Red	Red		
Close:				18:08:34		
Rank:	9	9	7	7		