Raid Alcacer Do Sal

CEI** / 120 Km.

João Mexia De Almeida

Heroi Do Inquisidor

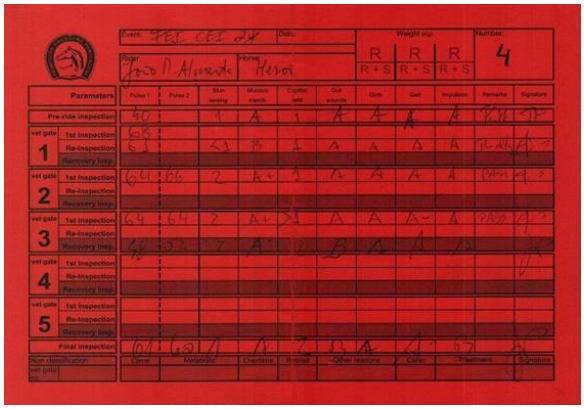
Lic: 10018087 / Ldn: 106JN91

15/05/2021

AREP

Nº participantes: 4 Clasificados: 4 (100%) No clasificados: 0 (0%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	30,000	30,000	20,000		
Departure	**07:00:00**	**10:04:08**	**12:38:47**	**15:26:02**		
Arrival Time	**09:13:00**	**11:53:42**	**14:23:14**	**16:33:00**		
Time	02:13:00	01:49:34	01:44:27	01:06:58		
Speed in Arri.	18,045	16,428	17,233	17,919		
Accumu. Time	02:13:00	04:02:34	05:47:01	06:53:59		
Accumu. Speed	18,045	17,314	17,29	17,392		
Arrival Vet-in.	**09:24:08**	**11:58:47**	**14:36:02**	**16:46:22**		
Vet-in Time	02:24:08	01:54:39	01:57:15	01:06:58		
Vet-in Speed	16,651	15,699	15,351	17,919		
Accumu. Time Vet	02:24:08	04:18:47	06:16:02	**07:23:00**		
Accumu Speed	16,651	16,229	15,956	**16,252**		
Recovery	00:11:08	00:05:05	00:12:48	~~00:13:22~~		
Accu. Recovery	00:11:08	00:16:13	00:29:01			
Heart Rate						
Into a hold	00:40:00	00:40:00	00:50:00			
Color:	Red	Blue	Blue	Yellow		
Close:				17:44:17		
Rank:	3	4	4	4		



JAQUIMA