



Raid Internacional Barroca D´Alva

17/10/2020

CEI*** / 160 Km.

Nuno Miguel Carido

Golias Dos Pinheiros

Lic: 10180464 / Ldn: 106FA85



Nº participantes: 20 Clasificados: 6 (30%) No clasificados: 14 (70%)

| | Phase I | Phase II | Phase III | Phase IV | Phase V | Phase VI |
|------------------|-----------------|----------|-----------|----------|----------|----------|
| kilometers | 40,000 | 35,000 | 25,000 | 35,000 | 25,000 | |
| Departure | 06:30:00 | | | | | |
| Arrival Time | 08:22:56 | | | | | |
| Time | 01:52:56 | | | | | |
| Speed in Arri. | 21,251 | | | | | |
| Accumu. Time | 01:52:56 | | | | | |
| Accumu. Speed | 21,251 | | | | | |
| Arrival Vet-in. | 08:31:58 | | | | | |
| Vet-in Time | 02:01:58 | | | | | |
| Vet-in Speed | 19,677 | | | | | |
| Accumu. Time Vet | | | | | | |
| Accumu Speed | | | | | | |
| Recovery | 00:09:02 | | | | | |
| Accu. Recovery | 00:09:02 | | | | | |
| Heart Rate | | | | | | |
| Into a hold | 00:40:00 | 00:40:00 | 00:40:00 | 00:50:00 | | |
| Color: | Yellow | Red | Green | Red | Green | |
| Close: | | | | | 20:45:43 | |
| Rank: | | | | | | |

Eliminated: FTQ GA