



# Raid Internacional Barroca D´Alva

18/10/2020

CEIJ\*\* / 120 Km.

Maria Peña Barquero

Heroi Dos Hospitais

Lic: 10120370 / Ldn: 106DQ52



Nº participantes: 15    Clasificados: 7 (46%)    No clasificados: 8 (53%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	35,000	25,000	20,000		
Departure	<b>07:30:00</b>	<b>10:04:28</b>	<b>12:32:13</b>			
Arrival Time	<b>09:21:26</b>	<b>11:43:21</b>	<b>13:43:29</b>			
Time	01:51:26	01:38:53	01:11:16			
Speed in Arri.	21,537	21,237	21,047			
Accumu. Time	01:51:26	03:30:19	04:41:35			
Accumu. Speed	21,537	21,396	21,308			
Arrival Vet-in.	<b>09:24:28</b>	<b>11:52:13</b>	<b>13:56:08</b>			
Vet-in Time	01:54:28	01:47:45	01:23:55			
Vet-in Speed	20,966	19,489	17,874			
Accumu. Time Vet	01:54:28	03:42:13				
Accumu Speed	20,966	20,25				
Recovery	00:03:02	00:08:52	00:12:39			
Accu. Recovery	00:03:02	00:11:54	00:24:33			
Heart Rate						
Into a hold	00:40:00	00:40:00	00:40:00			
Color:	Yellow	Red	Green	Blue		
Close:				18:04:17		
Rank:	9	10				

Eliminated: FTQ ME

