Raid Internacional Barroca D'alva

02/07/2023

CEI** 120 / 120 Km.

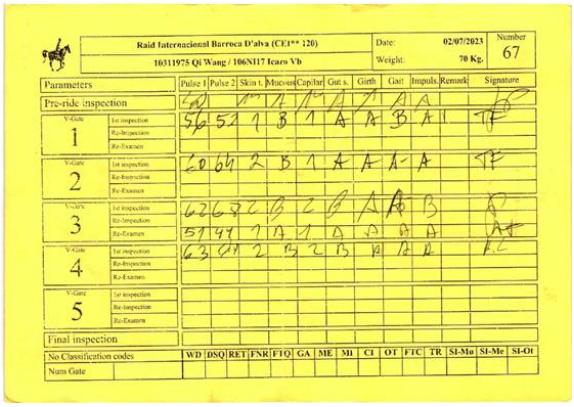
Qi Wang

Icaro Vb

Lic: 10311975 / Ldn: 106NI17

Nº participantes: 31 **Clasificados: 18 (58%)** **No clasificados: 13 (41%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	30,000	30,000	20,000		
Departure	**06:00:00**	**09:03:27**	**11:44:32**	**14:35:43**		
Arrival Time	**08:20:44**	**10:59:52**	**13:37:20**	**16:00:27**		
Time	02:20:44	01:56:25	01:52:48	01:24:44		
Speed in Arri.	17,053	15,461	15,957	14,162		
Accumu. Time	02:20:44	04:17:09	06:09:57	07:34:41		
Accumu. Speed	17,053	16,332	16,218	15,835		
Arrival Vet-in.	**08:23:27**	**11:04:32**	**13:45:43**	**16:16:55**		
Vet-in Time	02:23:27	02:01:05	02:01:11	01:24:44		
Vet-in Speed	16,73	14,865	14,853	14,162		
Accumu. Time Vet	02:23:27	04:24:32	06:25:43	**07:50:27**		
Accumu Speed	16,73	15,877	15,555	**15,304**		
Recovery	00:02:43	00:04:40	00:08:23	~~00:16:28~~		
Accu. Recovery	00:02:43	00:07:23	00:15:46			
Heart Rate	**56**	**60**	**62**	**63**		
Into a hold	00:40:00	00:40:00	00:50:00			
Color:	Yellow	Red	Red	Green		
Close:				16:44:17		
Rank:	22	21	20	17		



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