



GOLEGÃ
CEI1* 100 / 100 Km.
Carlota Micharet Botello
Cumba De Bozouls
Lic: 10240426 / Ldn: 106GU23

05/11/2022



Nº participantes: 9 Clasificados: 7 (77%) No clasificados: 2 (22%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	20,000	20,000	20,000		
Departure	09:00:00	12:33:03	14:31:08	16:31:20		
Arrival Time	11:51:09	13:48:27	15:46:02	17:42:32		
Time	02:51:09	01:15:24	01:14:54	01:11:12		
Speed in Arri.	14,022	15,915	16,021	16,853		
Accumu. Time	02:51:09	04:06:33	05:21:27	06:32:39		
Accumu. Speed	14,022	14,601	14,932	15,28		
Arrival Vet-in.	11:53:03	13:51:08	15:51:20	17:52:55		
Vet-in Time	02:53:03	01:18:05	01:20:12	01:11:12		
Vet-in Speed	13,868	15,368	14,962	16,853		
Accumu. Time Vet	02:53:03	04:11:08	05:31:20	06:42:32		
Accumu Speed	13,868	14,335	14,486	14,905		
Recovery	00:01:54	00:02:41	00:05:18	00:10:23		
Accu. Recovery	00:01:54	00:04:35	00:09:53			
Heart Rate	60	60	60	56		
Into a hold	00:40:00	00:40:00	00:40:00			
Color:	Red	Red	Red	Red		
Close:				18:08:34		
Rank:	9	9	7	7		