



# 1º CONCURSO NACIONAL DE ENDURANCE ANGOLA

CEP 40 / 40 Km.

24/05/2025

Jelson Kangombe

Caixa Forte

Lic: 9867 / Ldn: 87

Nº participantes: 33    Clasificados: 31 (93%)    No clasificados: 2 (6%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	20,000	20,000				
Departure	<b>09:10:00</b>	<b>12:27:05</b>				
Arrival Time	<b>11:42:00</b>	<b>14:08:50</b>				
Time	02:32:00	01:41:45				
Speed in Arri.	7,894	11,793				
Accumu. Time	02:32:00	04:13:45				
Accumu. Speed	7,894	9,458				
Arrival Vet-in.	<b>11:47:05</b>	<b>14:25:14</b>				
Vet-in Time	02:37:05	01:41:45				
Vet-in Speed	7,639	11,793				
Accumu. Time Vet	02:37:05	<b>04:18:50</b>				
Accumu Speed	7,639	<b>9,272</b>				
Recovery	00:05:05	<b>00:16:24</b>				
Accu. Recovery	00:05:05					
Heart Rate						
Into a hold	01:00:00					
Color:	Red	Red				
Close:		16:40:00				
Rank:	3	9				