

II RAID DO FORNINHO/POCEIRÃO

21/02/2026

CEI1* 100 / 100 Km.

Javier Gragera Rodriguez

Jin Me El Quibi

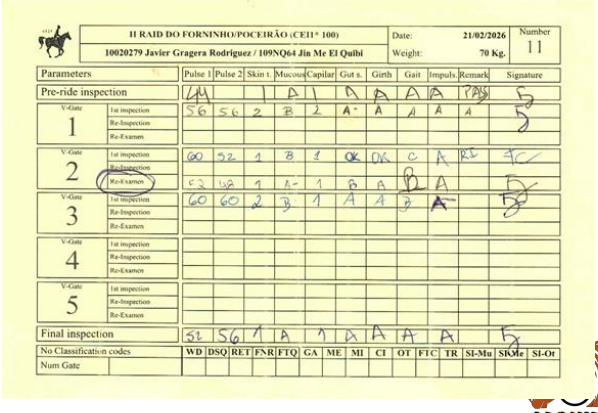
Lic: 10020279 / Ldn: 109NQ64

AREP

Nº participantes: 21 **Clasificados: 12 (57%)** **No clasificados: 9 (42%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	30,000	30,000	20,000	20,000		
Departure	**08:30:00**	**11:04:10**	**13:43:54**	**15:52:08**		
Arrival Time	**10:22:55**	**13:02:40**	**15:09:34**	**16:50:29**		
Time	01:52:55	01:58:30	01:25:40	00:58:21		
Speed in Arri.	15,94	15,189	14,007	20,565		
Accumu. Time	01:52:55	03:51:25	05:17:05	06:15:26		
Accumu. Speed	15,94	15,556	15,137	15,981		
Arrival Vet-in.	**10:24:10**	**13:03:54**	**15:12:08**	**16:58:32**		
Vet-in Time	01:54:10	01:59:44	01:28:14	00:58:21		
Vet-in Speed	15,766	15,033	13,6	20,565		
Accumu. Time Vet	01:54:10	03:53:54	05:22:08			
Accumu Speed	15,766	15,391	14,9			
Recovery	00:01:15	00:01:14	00:02:34	~~00:08:03~~		
Accu. Recovery	00:01:15	00:02:29	00:05:03			
Heart Rate	**56**	**60**	**60**	**52**		
Into a hold	00:40:00	00:40:00	00:40:00			
Color:	Yellow	Yellow	Orange	Orange		
Close:				17:38:34		
Rank:	9	9	7			

Eliminated: FNR



JAQUIMA