

I RAID DO FORNINHO

CEP 80 / 80 Km.

Filipe Presado Costa

Opuncia Bint Rc

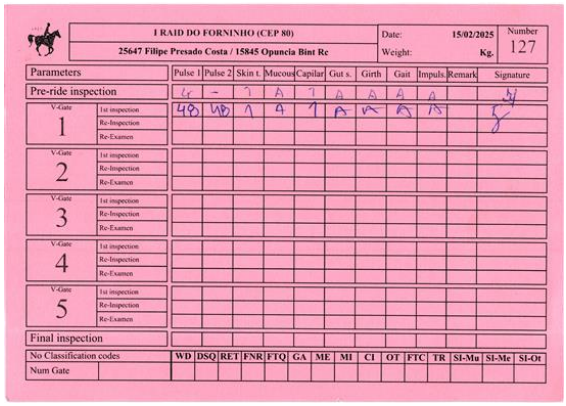
Lic: 25647 / Ldn: 15845

15/02/2025

AREP

Nº participantes: 11 **Clasificados: 9 (81%)** **No clasificados: 2 (18%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	30,000	30,000	20,000			
Departure	**08:35:00**	**11:17:22**	**13:54:01**			
Arrival Time	**10:35:13**	**13:12:03**	**15:16:46**			
Time	02:00:13	01:54:41	01:22:45			
Speed in Arri.	14,972	15,695	14,501			
Accumu. Time	02:00:13	03:54:54	05:17:39			
Accumu. Speed	14,972	15,325	15,11			
Arrival Vet-in.	**10:37:22**	**13:14:01**	**15:19:52**			
Vet-in Time	02:02:22	01:56:39	01:22:45			
Vet-in Speed	14,709	15,43	14,501			
Accumu. Time Vet	02:02:22	03:59:01	**05:21:46**			
Accumu Speed	14,709	15,061	**14,917**			
Recovery	00:02:09	00:01:58	~~00:03:06~~			
Accu. Recovery	00:02:09	00:04:07				
Heart Rate	**48**	**56**	**48**			
Into a hold	00:40:00	00:40:00				
Color:	Pink	Pink	Green			
Close:			16:30:00			
Rank:	9	8	9			



JAQUIMA