



# Raid Internacional Barroca D'Alva

17/10/2020

CEI\*\*\* / 160 Km.

João Maria Moura

Gaiato

Lic: 10082961 / Ldn: 105VY22



Nº participantes: 20    Clasificados: 6 (30%)    No clasificados: 14 (70%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	35,000	25,000	35,000	25,000	
Departure	<b>06:30:00</b>	<b>09:06:34</b>	<b>11:28:52</b>	<b>13:30:16</b>		
Arrival Time	<b>08:23:10</b>	<b>10:44:12</b>	<b>12:44:01</b>	<b>15:24:08</b>		
Time	01:53:10	01:37:38	01:15:09	01:53:52		
Speed in Arri.	21,207	21,509	19,96	18,442		
Accumu. Time	01:53:10	03:30:48	04:45:57	06:39:49		
Accumu. Speed	21,207	21,347	20,982	20,259		
Arrival Vet-in.	<b>08:26:34</b>	<b>10:48:52</b>	<b>12:50:16</b>	<b>15:31:07</b>		
Vet-in Time	01:56:34	01:42:18	01:21:24	02:00:51		
Vet-in Speed	20,589	20,527	18,427	17,376		
Accumu. Time Vet	01:56:34	03:38:52	05:00:16			
Accumu Speed	20,589	20,56	19,982			
Recovery	00:03:24	00:04:40	00:06:15	00:06:59		
Accu. Recovery	00:03:24	00:08:04	00:14:19	00:21:18		
Heart Rate						
Into a hold	00:40:00	00:40:00	00:40:00	00:50:00		
Color:	Yellow	Red	Green	Red	Green	
Close:					20:45:43	
Rank:	9	9	8			

Eliminated: FTQ ME