



# RAID INTERNACIONAL BARROCA D'ALVA

CEI3\* 160 / 160 Km.

30/06/2024

Jiahe Sui

Ghaada Gp

Lic: 10302880 / Ldn: 108KP20

Nº participantes: 11    Clasificados: 7 (63%)    No clasificados: 4 (36%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	30,000	30,000	20,000	20,000	20,000
Departure	05:30:00	08:31:52				
Arrival Time	07:51:01	10:15:11				
Time	02:21:01	01:43:19				
Speed in Arri.	17,019	17,422				
Accumu. Time	02:21:01	04:04:20				
Accumu. Speed	17,019	17,189				
Arrival Vet-in.	07:51:52	10:17:20				
Vet-in Time	02:21:52	01:45:28				
Vet-in Speed	16,917	17,067				
Accumu. Time Vet	02:21:52					
Accumu Speed	16,917					
Recovery	00:00:51	00:02:09				
Accu. Recovery	00:00:51	00:03:00				
Heart Rate	52	61				
Into a hold	00:40:00	00:40:00	00:40:00	00:50:00	00:50:00	
Color:	Yellow	Red	Blue	Pink	Green	Pink
Close:						20:35:43
Rank:	7					

Eliminated: FTQ GA