RAID HIPICO ELVAS

CEI1* 100 / 100 Km.

Nuno Miguel Carido

Invejado

Lic: 10180464 / Ldn: 108XY62

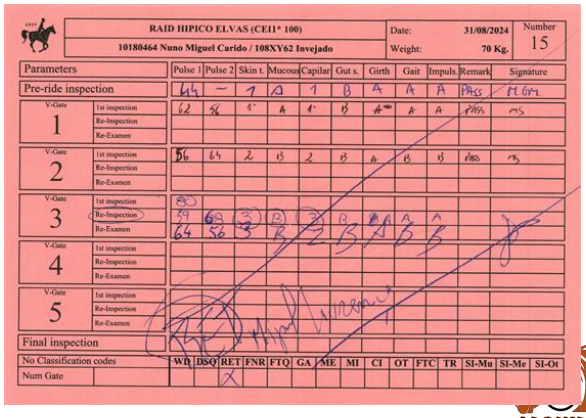
31/08/2024

AREP

Nº participantes: 10 **Clasificados: 5 (50%)** **No clasificados: 5 (50%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	30,000	30,000	20,000	20,000		
Departure	**07:00:00**	**09:35:20**	**12:14:40**			
Arrival Time	**08:48:25**	**11:26:17**	**13:37:50**			
Time	01:48:25	01:50:57	01:23:10			
Speed in Arri.	16,602	16,223	14,428			
Accumu. Time	01:48:25	03:39:22	05:02:32			
Accumu. Speed	16,602	16,41	15,866			
Arrival Vet-in.	**08:55:20**	**11:34:40**	**13:47:16**			
Vet-in Time	01:55:20	01:59:20	01:32:36			
Vet-in Speed	15,606	15,083	12,958			
Accumu. Time Vet	01:55:20	03:54:40	05:27:16			
Accumu Speed	15,606	15,34	14,666			
Recovery	00:06:55	00:08:23	00:09:26			
Accu. Recovery	00:06:55	00:15:18	00:24:44			
Heart Rate	**62**	**56**	**64**			
Into a hold	00:40:00	00:40:00	00:40:00			
Color:	Yellow	Yellow	Red	Red		
Close:				16:08:34		
Rank:	5	3	3			

Eliminated: RET



JAQUIMA