



# RAIDE INTERNACIONAL E TAÇA DE PORTUGAL

23/05/2026

CEI2\* 70 / 145 Km.

Iñigo Arrizabalaga Carrasco

Fissimo De Alyac

Lic: 10046561 / Ldn: 109MC12



Nº participantes: 5    Clasificados: 3 (60%)    No clasificados: 2 (40%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	30,000	25,000	20,000	25,000	20,000	25,000
Departure	<b>09:00:00</b>	<b>11:49:58</b>	<b>14:08:42</b>			
Arrival Time	<b>11:06:43</b>	<b>13:25:41</b>	<b>15:52:23</b>			
Time	02:06:43	01:35:43	01:43:41			
Speed in Arri.	14,204	15,671	11,573			
Accumu. Time	02:06:43	03:42:26	05:26:07			
Accumu. Speed	14,204	14,835	13,798			
Arrival Vet-in.	<b>11:09:58</b>	<b>13:28:42</b>	<b>15:54:10</b>			
Vet-in Time	02:09:58	01:38:44	01:45:28			
Vet-in Speed	13,849	15,192	11,378			
Accumu. Time Vet	02:09:58	03:48:42				
Accumu Speed	13,849	14,429				
Recovery	00:03:15	00:03:01	00:01:47			
Accu. Recovery	00:03:15	00:06:16	00:08:03			
Heart Rate						
Into a hold	00:40:00	00:40:00	00:40:00	00:40:00	00:40:00	
Color:	Blue	Yellow	Red	Yellow	Red	Yellow
Close:						16:30:00
Rank:	3	3				

Eliminated: FTQ GA

