

RAIDE INTERNACIONAL E TAÇA DE PORTUGAL

24/05/2026

CEI2* 70 / 145 Km.

Iñigo Arrizabalaga Carrasco

Fissimo De Alyac

Lic: 10046561 / Ldn: 109MC12

RAIDE INTERNACIONAL QUINTA DO CARMO 5 e 6 de Abril 2025 ESTREMOZ

Nº participantes: 5 **Clasificados: 3 (60%)** **No clasificados: 2 (40%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	30,000	25,000	20,000	25,000	20,000	25,000
Departure	**09:00:00**	**11:49:58**	**14:08:42**			
Arrival Time	**11:06:43**	**13:25:41**	**15:52:23**			
Time	02:06:43	01:35:43	01:43:41			
Speed in Arri.	14,204	15,671	11,573			
Accumu. Time	02:06:43	03:42:26	05:26:07			
Accumu. Speed	14,204	14,835	13,798			
Arrival Vet-in.	**11:09:58**	**13:28:42**	**15:54:10**			
Vet-in Time	02:09:58	01:38:44	01:45:28			
Vet-in Speed	13,849	15,192	11,378			
Accumu. Time Vet	02:09:58	03:48:42				
Accumu Speed	13,849	14,429				
Recovery	00:03:15	00:03:01	00:01:47			
Accu. Recovery	00:03:15	00:06:16	00:08:03			
Heart Rate						
Into a hold	00:40:00	00:40:00	00:40:00	00:40:00	00:40:00	
Color:	Blue	Yellow	Red	Yellow	Red	Yellow
Close:						16:00:00
Rank:	3	3				

Eliminated: FTQ GA

JAQUIMA