

RAID INTERNACIONAL BARROCA D'ALVA

CEIO3* 160 / 160 Km.

29/06/2024

João Pedro Pereira Lopes

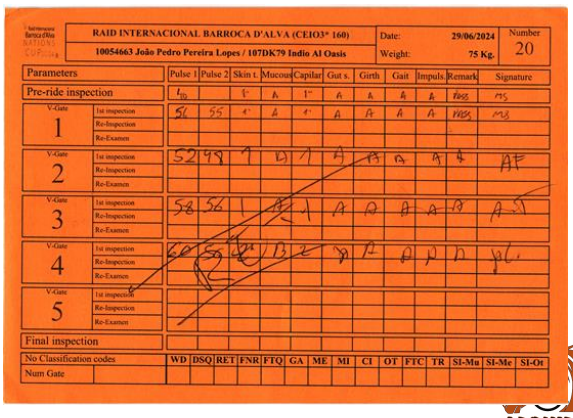
Indio Al Oasis

Lic: 10054663 / Ldn: 107DK79

Nº participantes: 26 **Clasificados: 19 (73%)** **No clasificados: 7 (26%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	30,000	30,000	20,000	20,000	20,000
Departure	**05:30:00**	**08:35:08**	**11:09:13**	**13:38:15**		
Arrival Time	**07:53:44**	**10:27:58**	**12:56:36**	**14:53:22**		
Time	02:23:44	01:52:50	01:47:23	01:15:07		
Speed in Arri.	16,697	15,952	16,762	15,975		
Accumu. Time	02:23:44	04:16:34	06:03:57	07:19:04		
Accumu. Speed	16,697	16,37	16,485	16,398		
Arrival Vet-in.	**07:55:08**	**10:29:13**	**12:58:15**	**14:58:48**		
Vet-in Time	02:25:08	01:54:05	01:49:02	01:20:33		
Vet-in Speed	16,536	15,777	16,508	14,897		
Accumu. Time Vet	02:25:08	04:19:13	06:08:15	07:28:48		
Accumu Speed	16,536	16,202	16,293	16,042		
Recovery	00:01:24	00:01:15	00:01:39	00:05:26		
Accu. Recovery	00:01:24	00:02:39	00:04:18	00:09:44		
Heart Rate	**56**	**52**	**58**	**60**		
Into a hold	00:40:00	00:40:00	00:40:00	00:50:00	00:50:00	
Color:	Yellow	Red	Blue	Pink	Green	Pink
Close:						20:35:43
Rank:	17	20	18	19		

Eliminated: RET



JAQUIMA