



GOLEGÃ
 CEI1* 100 / 100 Km.
José Willian Teixeira Dos Santos
Maestro De Ameira
 Lic: 10192500 / Ldn: 108AH29

05/11/2022



Nº participantes: 9 Classificados: 7 (77%) No classificados: 2 (22%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	20,000	20,000	20,000		
Departure	09:00:00	12:32:54	14:26:53	16:16:40		
Arrival Time	11:51:10	13:44:50	15:34:35	17:35:01		
Time	02:51:10	01:11:56	01:07:42	01:18:21		
Speed in Arri.	14,021	16,682	17,725	15,315		
Accumu. Time	02:51:10	04:03:06	05:10:48	06:29:09		
Accumu. Speed	14,021	14,808	15,444	15,418		
Arrival Vet-in.	11:52:54	13:46:53	15:36:40	17:37:30		
Vet-in Time	02:52:54	01:13:59	01:09:47	01:18:21		
Vet-in Speed	13,88	16,219	17,196	15,315		
Accumu. Time Vet	02:52:54	04:06:53	05:16:40	06:35:01		
Accumu Speed	13,88	14,581	15,157	15,189		
Recovery	00:01:44	00:02:03	00:02:05	00:02:29		
Accu. Recovery	00:01:44	00:03:47	00:05:52			
Heart Rate	64	60	60	60		
Into a hold	00:40:00	00:40:00	00:40:00			
Color:	Red	Red	Red	Red		
Close:				18:08:34		
Rank:	7	7	5	5		

