



# 1º CONCURSO NACIONAL DE ENDURANCE ANGOLA

CEP 40 / 40 Km.

24/05/2025

Bernardo Jamba

C.A

Lic: S3S / Ldn: E32S

Nº participantes: 33    Clasificados: 31 (93%)    No clasificados: 2 (6%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	20,000	20,000				
Departure	<b>09:10:00</b>	<b>12:51:14</b>				
Arrival Time	<b>11:42:00</b>	<b>14:58:41</b>				
Time	02:32:00	02:07:27				
Speed in Arri.	7,894	9,415				
Accumu. Time	02:32:00	04:39:27				
Accumu. Speed	7,894	8,588				
Arrival Vet-in.	<b>11:51:14</b>	<b>15:14:12</b>				
Vet-in Time	02:41:14	02:07:27				
Vet-in Speed	7,442	9,415				
Accumu. Time Vet	02:41:14	<b>04:48:41</b>				
Accumu Speed	7,442	<b>8,313</b>				
Recovery	00:09:14	<del>00:15:31</del>				
Accu. Recovery	00:09:14					
Heart Rate						
Into a hold	01:00:00					
Color:	Red	Red				
Close:		16:40:00				
Rank:	11	21				