

RAID INTERNACIONAL BARROCA D'ALVA

CEIO3* 160 / 160 Km.

29/06/2024

Jodie Lee Salinas

Bar Diamond Ignition

Lic: 10047854 / Ldn: 108BG28

Nº participantes: 26 Clasificados: 19 (73%) No clasificados: 7 (26%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	30,000	30,000	20,000	20,000	20,000
Departure	**05:30:00**	**08:29:19**	**11:01:20**	**13:27:20**	**15:29:14**	**17:30:17**
Arrival Time	**07:47:49**	**10:19:38**	**12:43:25**	**14:36:04**	**16:36:17**	**18:41:18**
Time	02:17:49	01:50:19	01:42:05	01:08:44	01:07:03	01:11:01
Speed in Arri.	17,414	16,316	17,632	17,458	17,897	16,897
Accumu. Time	02:17:49	04:08:08	05:50:13	06:58:57	08:06:00	09:17:01
Accumu. Speed	17,414	16,926	17,132	17,185	17,283	17,234
Arrival Vet-in.	**07:49:19**	**10:21:20**	**12:47:20**	**14:39:14**	**16:40:17**	**18:48:27**
Vet-in Time	02:19:19	01:52:01	01:46:00	01:11:54	01:11:03	01:11:01
Vet-in Speed	17,226	16,069	16,981	16,689	16,889	16,897
Accumu. Time Vet	02:19:19	04:11:20	05:57:20	07:09:14	08:20:17	**09:31:18**
Accumu Speed	17,226	16,71	16,791	16,774	16,79	**16,803**
Recovery	00:01:30	00:01:42	00:03:55	00:03:10	00:04:00	~~00:07:09~~
Accu. Recovery	00:01:30	00:03:12	00:07:07	00:10:17	00:14:17	
Heart Rate	**52**	**61**	**60**	**62**	**60**	**59**
Into a hold	00:40:00	00:40:00	00:40:00	00:50:00	00:50:00	
Color:	Yellow	Red	Blue	Pink	Green	Pink
Close:						20:35:43
Rank:	15	15	14	12	11	11

