

Campeonato Nacional Sénior De Raides

09/04/2022

CEI*** 160 / 160 Km.

Pedro Godinho

Lisha D'arsol

Lic: 10018089 / Ldn: 105RC04

Nº participantes: 14 **Clasificados: 5 (35%)** **No clasificados: 9 (64%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	30,000	20,000	30,000	20,000	20,000
Departure	**06:00:00**	**08:49:22**				
Arrival Time	**08:08:06**	**10:16:10**				
Time	02:08:06	01:26:48				
Speed in Arri.	18,735	20,737				
Accumu. Time	02:08:06	03:34:54				
Accumu. Speed	18,735	19,543				
Arrival Vet-in.	**08:09:22**	**10:17:45**				
Vet-in Time	02:09:22	01:28:23				
Vet-in Speed	18,551	20,365				
Accumu. Time Vet	02:09:22					
Accumu Speed	18,551					
Recovery	00:01:16	00:01:35				
Accu. Recovery	00:01:16	00:02:51				
Heart Rate						
Into a hold	00:40:00	00:40:00	00:40:00	00:40:00	00:50:00	
Color:	Blue	Red	Green	Red	Green	Yellow
Close:						20:55:43
Rank:	1					

Eliminated: | FTQ | GA



