

II RAID DO FORNINHO/POCEIRÃO

21/02/2026

CEI1* 100 / 100 Km.

Martyna Kaminska

Elios

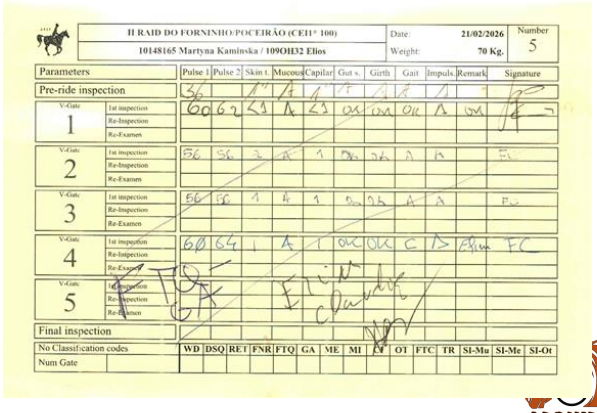
Lic: 10148165 / Ldn: 109OH32

AREP

Nº participantes: 21 **Clasificados: 12 (57%)** **No clasificados: 9 (42%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	30,000	30,000	20,000	20,000		
Departure	**08:30:00**	**10:52:03**	**13:05:30**	**14:49:07**		
Arrival Time	**10:10:44**	**12:24:07**	**14:07:14**	**15:52:23**		
Time	01:40:44	01:32:04	01:01:44	01:03:16		
Speed in Arri.	17,868	19,551	19,438	18,967		
Accumu. Time	01:40:44	03:12:48	04:14:32	05:17:48		
Accumu. Speed	17,868	18,672	18,858	18,879		
Arrival Vet-in.	**10:12:03**	**12:25:30**	**14:09:07**	**16:03:51**		
Vet-in Time	01:42:03	01:33:27	01:03:37	01:03:16		
Vet-in Speed	17,638	19,261	18,862	18,967		
Accumu. Time Vet	01:42:03	03:15:30	04:19:07			
Accumu Speed	17,638	18,414	18,524			
Recovery	00:01:19	00:01:23	00:01:53	~~00:11:28~~		
Accu. Recovery	00:01:19	00:02:42	00:04:35			
Heart Rate	**60**	**56**	**56**	**60**		
Into a hold	00:40:00	00:40:00	00:40:00			
Color:	Yellow	Yellow	Orange	Orange		
Close:				17:38:34		
Rank:	3	3	2			

Eliminated: FTQ GA



JAQUIMA