



# I RAID PINARES DE CONIL

CEA\* YR / 82 Km.

Lourdes Tirado Rodriguez

18/04/2026

Antares Ap

Lic: 357540 / Ldn: 122766

Nº participantes: 4    Clasificados: 2 (50%)    No clasificados: 2 (50%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	21,000	20,000	21,000	20,000		
Departure	<b>08:50:00</b>	<b>10:52:16</b>	<b>12:30:51</b>			
Arrival Time	<b>10:20:42</b>	<b>11:56:35</b>	<b>13:39:10</b>			
Time	01:30:42	01:04:19	01:08:19			
Speed in Arri.	13,891	18,657	18,443			
Accumu. Time	01:30:42	02:35:01	03:43:20			
Accumu. Speed	13,891	15,869	16,656			
Arrival Vet-in.	<b>10:22:16</b>	<b>12:00:51</b>	<b>13:51:48</b>			
Vet-in Time	01:32:16	01:08:35	01:20:57			
Vet-in Speed	13,656	17,496	15,565			
Accumu. Time Vet	01:32:16	02:40:51				
Accumu Speed	13,656	15,293				
Recovery	00:01:34	00:04:16	00:12:38			
Accu. Recovery	00:01:34	00:05:50	00:18:28			
Heart Rate	<b>57</b>	<b>61</b>	<b>64</b>			
Into a hold	00:30:00	00:30:00	00:30:00			
Color:	Yellow	Red	Yellow	Red		
Close:				17:10:00		
Rank:	4	3				

Eliminated: FTQ GA