

RAIDE INTERNACIONAL QUINTA DO CARMO

06/04/2025

CEI2* CIM / 120 Km.

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Maior De Sao Pedro

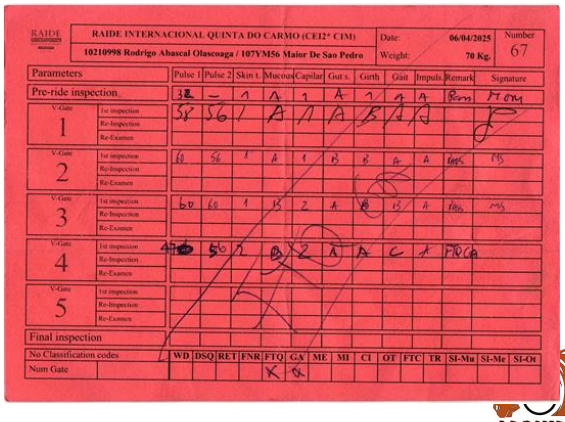
Lic: 10210998 / Ldn: 107YM56

RAIDE INTERNACIONAL QUINTA DO CARMO 5 e 6 de Abril 2025 ESTREMOZ

Nº participantes: 7 **Clasificados: 3 (42%)** **No clasificados: 4 (57%)**

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	40,000	25,000	30,000	25,000		
Departure	**07:00:00**	**10:13:25**	**12:19:20**			
Arrival Time	**09:27:28**	**11:35:19**	**14:18:51**			
Time	02:27:28	01:21:54	01:59:31			
Speed in Arri.	16,274	18,315	15,06			
Accumu. Time	02:27:28	03:49:22	05:48:53			
Accumu. Speed	16,274	17,003	16,337			
Arrival Vet-in.	**09:33:25**	**11:39:20**	**14:22:05**			
Vet-in Time	02:33:25	01:25:55	02:02:45			
Vet-in Speed	15,643	17,458	14,663			
Accumu. Time Vet	02:33:25	03:59:20				
Accumu Speed	15,643	16,295				
Recovery	00:05:57	00:04:01	00:03:14			
Accu. Recovery	00:05:57	00:09:58	00:13:12			
Heart Rate	**58**	**60**	**60**			
Into a hold	00:40:00	00:40:00	00:50:00			
Color:	White	Yellow	Blue	Yellow		
Close:				18:23:51		
Rank:	2	1				

Eliminated: FTQ GA



JAQUIMA