

III RAID DO FORNINHO/POCEIRÃO 11/07/2026

CEI2* CIM / 120 Km.

Salman M A Alostath

Olinda D Iberica

Lic: 10228605 / Ldn: 109GZ03

Nº participantes: 17 Clasificados: 13 (76%) No clasificados: 4 (23%)

	Phase I	Phase II	Phase III	Phase IV	Phase V	Phase VI
kilometers	35,000	35,000	30,000	20,000		
Departure	**07:00:00**					
Arrival Time	**08:54:43**					
Time	01:54:43					
Speed in Arri.	18,305					
Accumu. Time	01:54:43					
Accumu. Speed	18,305					
Arrival Vet-in.	**08:56:09**					
Vet-in Time	01:56:09					
Vet-in Speed	18,08					
Accumu. Time Vet						
Accumu Speed						
Recovery	00:01:26					
Accu. Recovery	00:01:26					
Heart Rate						
Into a hold	00:40:00	00:40:00	00:50:00			
Color:	Yellow	Yellow	Green	Orange		
Close:				17:44:17		
Rank:						

Eliminated:	FTQ	GA